

Master Zhichao Ling & Dr. Simon Feng present:

Master Chen Bing

4th Indiana Taiji Workshop

June 25-30, 2024



Training Schedule:

- Tues. June 25** **Private & Semi-private lessons - limited availability**
- Wed. June 26** 9:30 am - 12:00 pm Session #1 **Posture, Zhan Zhuang, Fang Song**
2:00 pm - 4:30 pm Session #2 **Taiji 13 Energies**
- Thurs. June 27** 9:30 am - 12:00 pm Session #3 **Silk Reeling, Fajin**
2:00 pm - 4:30 pm Session #4 **Taiji 13 Energies with Applications**
- Fri. June 28** 9:30 am - 12:00 pm Session #5 **Chen 18 Forms**
2:00 pm - 4:30 pm Session #6 **Tui Shou Fundamentals**
- Sat. June 29** 9:30 am - 12:00 pm Session #7 **Chen 18 Forms**
2:00 pm - 4:30 pm Session #8 **Tui Shou, Applications, Qin Na**
- Sun. June 30** 9:30 am - 12:00 pm Session #9 **Chen 18 Forms**
2:00 pm - 4:30 pm Session #10 **Tui Shou, Applications, Qin Na**

10% off early-bird discount available through January 31st!



Ling's Oriental Martial Arts
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Info and
registration;



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